

## **BREAKFAST MENU**

*A Selection of Juices*

*Freshly Squeezed Orange Juice*

*Berries with Natural Yoghurt*

*Various Breakfast Cereals;*

*Cornflakes, Crunchy nut cornflakes, Fruit granola, Muesli, NAS Muesli, Weetabix, Rice Krispies, Bran flakes, Malt wheats, Coco Pops*

*Mixed seeds, Linseeds, Chia seeds are available*

*Fresh Pastries, when available*

*Followed by*

*A Traditional Shropshire Breakfast.*

*Please choose from the following and please tell us if there is anything that you do not like when ordering*

*Free Range Egg, Bacon, Proper Sausages, Fresh Tomato, Mushroom, Baked Beans and Local Black Pudding.*

*(Vegetarian option available please ask)*

*Or*

*\*Smoked at the Crown Salmon Slices served with Egg of your choice – £5 supplement,*

*\*When available*

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*The Crown's Freshly Baked Bread Toasted*

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*Fresh Continental Breakfast Available On Request*

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*Served with*

*Pot of Breakfast Tea*

*Selection of Herbal and Fruit Teas*

*Cafetiere of Fresh Coffee – House Blend or De-Caffeinated*



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*If you or any of your guests have an allergy or dietary restrictions please inform us and we will be happy to accommodate your needs as best we can.*

*Some of our dishes can be adjusted to suit Vegetarians – Please Ask.*

*All produce subject to availability.*

*We only ever cook your food to order so there may be a delay.*



*A selection of “individual” producers and suppliers that has made us rethink the way we purchase our ingredients for our breakfast menu at “The Crown” .We now actively source our produce from these people and some have sourced us!*

***Crown Inn, Richards** makes the homemade black pudding, Fresh marmalade, jams and the bread for toast ... all made in his kitchen.*

***Charles Walker**, “one of our locals” – grows us fresh tomatoes, herbs, vegetable and flowers and so much more– Jackfield.*

***Rowland’s**, Fruit and vegetables dealing with local producers in our area*

***Clun Valley Farm**, Free range eggs*

***Walls Craven Arms**, , Local Proper Pork Sausages, and delicious Bacon*

*.....and many more suppliers!*

